

Resources on Face Masks for Children

The Pennsylvania Office of Child Development and Early Learning (OCDEL) recognizes helping young children to be comfortable wearing face masks and to keep face masks on may be challenging. It is important to help children feel more secure wearing a face mask when around other children and adults.

To help support families, and the Early Intervention and early childhood education community, below is a list of resources to help support and teach young children about wearing a face mask.



Guidance for Adults

- [Helping Children Understand Emotions When Wearing Masks](#) (Challenging Behaviors)
- [Helping Kids Get Used to Seeing and Wearing Masks](#) (Nationwide Children's)
- [Strategies for Teaching Children that Wearing a Mask is an Expectation for All](#) This resource does not address masks explicitly, but the process could be used to teach children what they are to do. (Vanderbilt University)
- [Mask Wearing Toolkit](#) (Strong Center for Developmental Disabilities)
- [Tips for Helping Kids Wear Masks](#) (Action Learning Network)
- [Mask Mythbusters: 5 Common Misconceptions about Kids & Cloth Face Coverings](#) (American Academy of Pediatrics)
- [Cloth-Face-Coverings-for-Children-During-COVID-19](#) (American Academy of Pediatrics)
- [Wearing a Mask and Communication](#) (Pennsylvania Autism Services, Education, Resources, and Training Collaborative)

Social Stories and Visual Resources for Use with Children

- [Wearing a Mask Social Story](#) Available in Spanish, Chinese, Arabic, Burmese and Russian (Pennsylvania Autism Services, Education, Resources, and Training Collaborative)
- [COVID-19 Social Stories and Supports](#) (Autism Little Learners)
- [COVID-19 information and resources for families](#). Includes links to social stories, videos and articles. (Autism Speaks)
- [Social story: We Wear Masks](#) (Autism Speaks)
- [Greeting Board for Social Distancing](#) (Challenging Behavior)
- Wearing Masks Social Story [English](#) and [Spanish](#) (Challenging Behavior)
- [Wearing a Mask- A Social Narrative for Children](#) (Autism Little Learners)